

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Coachinfo: Warming up from: 13:00 untill 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Nauwelaerts Edith HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:30	
Heat: 1/7 Lane : 3 Athlete: ROMBOUT LISA							Q-time: 99:99:99	
PB (25m pool): 02:34.92 Heist o/d Berg 06/01/2019							PB (50m pool): 02:35.51 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:34.92
	no time							
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 14:38	
Heat: 3/7 Lane : 1 Athlete: GORIS ARWEN							Q-time: 03:18:75	
PB (25m pool): 03:18.75 Tremelo 14/12/2025							PB (50m pool): no time SB: 03:18.75 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.57		no time		no time		03:18.75
	00:45.57							
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 14:38	
Heat: 3/7 Lane : 6 Athlete: VAN ROMPAEY LORE							Q-time: 03:23:59	
PB (25m pool): 03:23.59 Zaventem 21/06/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:23.59
	no time							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:42	
Heat: 4/7 Lane : 3 Athlete: VAN RILLAER YINTHE							Q-time: 02:56:84	
PB (25m pool): 02:56.05 Heist Op Den Berg 13/01/2024				PB (50m pool): 02:59.90SB: 02:56.84 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:56.05
	no time							
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:42	
Heat: 4/7 Lane : 4 Athlete: DE LAET ELINE							Q-time: 02:57:06	
PB (25m pool): 02:57.06 Parklaan 58, Turnhout 30/03/2025				PB (50m pool): 03:08.99SB: 02:57.30 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.33		no time		no time		02:57.06
	00:39.33							
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:46	
Heat: 5/7 Lane : 2 Athlete: FAES ELYNE							Q-time: 02:53:27	
PB (25m pool): 02:53.27 Aartselaar 01/11/2025				PB (50m pool): 03:13.64 SB: 02:53.27 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.43		no time		no time		02:53.27
	00:35.43							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:56	
Heat: 1/7 Lane : 4 Athlete: GORIS FINN							Q-time: 99:99:99	
PB (25m pool): 02:39.88 LEUVEN 21/12/2025				PB (50m pool): no time SB: 02:39.88 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.37		01:16.49		02:02.63		02:39.88
	00:35.37		00:41.12		00:46.14		00:37.25	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 15: 200M MEDLEY MEN 11+							Heat:2, starttime: 15:00	
Heat: 2/7 Lane : 3 Athlete: PANKEN LEX							Q-time: 03:35:20	
PB (25m pool): 03:35.20 Aartselaar 01/11/2025				PB (50m pool): no time SB: 03:35.20 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.31		no time		no time		03:35.20
	00:50.31							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:3, starttime: 15:04	
Heat: 3/7 Lane : 4 Athlete: BATS YVAN							Q-time: 03:13:32	
PB (25m pool): 03:13.32 Tremelo 14/12/2025				PB (50m pool): no time SB: 03:13.32 Tremelo 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.28		no time		no time		03:13.32
	00:41.28							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:5, starttime: 15:12	
Heat: 5/7 Lane : 2 Athlete: SEYMUS AXEL							Q-time: 02:49:20	
PB (25m pool): 02:46.84 LEUVEN 21/12/2025				PB (50m pool): 02:52.99SB: 02:46.84 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.89		01:21.31		02:10.06		02:46.84
	00:36.89		00:44.42		00:48.75		00:36.78	
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:22			
Heat: 1/11 Lane : 4 Athlete: WELSLAU INES					Q-time: 99:99:99			
PB (25m pool): no time					PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:25
Heat: 2/11 Lane : 1 Athlete: LAMBRECHTS Fé					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:30
Heat: 4/11 Lane : 4 Athlete: ROZIERIS LILY					Q-time: 01:43:01
PB (25m pool): 01:43.01 Nijlen 16/11/2025					PB (50m pool): 02:03.56 SB: 01:43.01 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.27		01:43.01	
	00:48.27		00:54.74		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:32
Heat: 5/11 Lane : 3 Athlete: NEUVILLE ALIZÉE					Q-time: 01:37:71
PB (25m pool): 01:37.71 LEUVEN 23/11/2025					PB (50m pool): 01:46.20 SB: 01:37.71 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.83		01:37.71	
	00:44.83		00:52.88		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:35
Heat: 6/11 Lane : 2 Athlete: DE BOCK MARIE					Q-time: 01:34:14
PB (25m pool): 01:34.14 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:44.23 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.00		01:34.14	
	00:51.00		00:43.14		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:37
Heat: 7/11 Lane : 2 Athlete: VAN ESPEN LOTTE					Q-time: 01:32:57
PB (25m pool): 01:32.57 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): 01:34.95 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.43		01:32.57	
	00:42.43		00:50.14		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:37
Heat: 7/11 Lane : 5 Athlete: NEUVILLE AXELLE					Q-time: 01:33:16
PB (25m pool): 01:33.16 Temse 17/11/2025 PB (50m pool): 01:39.98 SB: 01:33.16 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.54		01:33.16	
	00:43.54		00:49.62		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 15:39
Heat: 8/11 Lane : 5 Athlete: VAN DE WOUWER MYRTHE					Q-time: 01:28:86
PB (25m pool): 01:28.86 Temse 17/11/2025 PB (50m pool): 01:30.45 SB: 01:28.86 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.34		01:28.86	
	00:42.34		00:46.52		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 15:39
Heat: 8/11 Lane : 6 Athlete: VAES CHARLOTTE					Q-time: 01:31:22
PB (25m pool): 01:31.22 Nijlen 16/11/2025 PB (50m pool): 01:35.59 SB: 01:31.22 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.08		01:31.22	
	00:42.08		00:49.14		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 15:41
Heat: 9/11 Lane : 1 Athlete: VANDERWEYDEN LAURE					Q-time: 01:25:49
PB (25m pool): 01:25.49 LEUVEN 23/11/2025					PB (50m pool): 01:26.48 SB: 01:25.49 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.96		01:25.49	
	00:38.96		00:46.53		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 15:43
Heat: 10/11 Lane : 4 Athlete: ROMONT LIEN					Q-time: 01:20:69
PB (25m pool): 01:16.77 Herentals 27/05/2023					PB (50m pool): 01:17.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.77	
	no time				
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:47
Heat: 1/7 Lane : 1 Athlete: ARIJS KYAN					Q-time: 99:99:99
PB (25m pool): 01:22.00 LEUVEN 24/11/2024					PB (50m pool): 01:25.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.61		01:22.00	
	00:38.61		00:43.39		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:47
Heat: 1/7 Lane : 3 Athlete: GYSELS RUBEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:47
Heat: 1/7 Lane : 5 Athlete: DE CUYPER LENS					Q-time: 99:99:99
PB (25m pool): 01:11.67 Sportoase 23/12/2023					PB (50m pool): 01:15.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.67	
	no time				
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:49
Heat: 2/7 Lane : 5 Athlete: BATS YVAN					Q-time: 02:04:76
PB (25m pool): 02:04.76 Turnhout 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.80		02:04.76	
	01:00.80		01:03.96		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:57
Heat: 5/7 Lane : 2 Athlete: PIETERS KOBE					Q-time: 01:28:41
PB (25m pool): 01:28.41 LEUVEN 23/11/2025					PB (50m pool): 01:37.65 SB: 01:28.41 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.44		01:28.41	
	00:41.44		00:46.97		
					

Coach feedback:

Event number: 19: 200M MEDLEY MIXED 10-10							Heat:1, starttime: 16:03	
Heat: 1/1 Lane : 3 Athlete: MEUNIER EMILE							Q-time: 03:37:13	
PB (25m pool): 03:37.13 Tremelo 14/12/2025				PB (50m pool): no time SB: 03:37.13 Tremelo 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.79		no time		no time		03:37.13
	00:52.79							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 20: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:27	
Heat: 2/4 Lane : 5 Athlete: JANSSENS ROMY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 20: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:27	
Heat: 2/4 Lane : 6 Athlete: ROZIERIS LILY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 20: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:37	
Heat: 4/4 Lane : 1 Athlete: FAES ELYNE							Q-time: 02:48:81	
PB (25m pool): 02:48.81 Antwerpen 12/10/2025			PB (50m pool): no time SB: 02:48.81 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.06		01:21.23		02:05.61		02:48.81
	00:39.06		00:42.17		00:44.38		00:43.20	
								

Coach feedback:

Event number: 21: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 16:45	
Heat: 2/4 Lane : 3 Athlete: VERBEEK MATTS							Q-time: 02:53:58	
PB (25m pool): 02:53.58 Antwerpen 12/10/2025			PB (50m pool): 03:01.46 SB: 02:53.58 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.66		01:25.87		02:10.74		02:53.58
	00:40.66		00:45.21		00:44.87		00:42.84	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 22: 50M BUTTERFLY MIXED 10-9					Heat:1, starttime: 16:56	
Heat: 1/1 Lane : 2 Athlete: ROTTIERS VAN DER BORGHT VINCE					Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time			
	2 5 M	5 0 M				
PB		no time				
	no time					
						

Coach feedback:

Event number: 22: 50M BUTTERFLY MIXED 10-9							Heat:1, starttime: 16:56		
Heat: 1/1 Lane : 3 Athlete: MEUNIER EMILE							Q-time: 00:48:73		
PB (25m pool): 00:48.73 Tremelo 14/12/2025				PB (50m pool): no time			SB: 00:48.73 Tremelo 14/12/2025		
	2 5 M		5 0 M						
PB			00:48.73						
	00:48.73								
									

Coach feedback:

Event number: 22: 50M BUTTERFLY MIXED 10-9						Heat:1, starttime: 16:56	
Heat: 1/1 Lane : 5 Athlete: PANKEN MATS					Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time SB: no time			
	2 5 M		5 0 M				
PB			no time				
	no time						
							

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:1, starttime: 16:58	
Heat: 1/15 Lane : 3 Athlete: LAMBRECHTS Fé				Q-time: 01:38:18	
PB (25m pool): 01:38.18 Nijlen 16/11/2025		PB (50m pool): no time		SB: 01:38.18 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.73		01:38.18	
	00:44.73		00:53.45		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:58
Heat: 1/15 Lane : 4 Athlete: WELSLAU INES					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 17:06
Heat: 5/15 Lane : 1 Athlete: VAES CHARLOTTE					Q-time: 01:17:91
PB (25m pool): 01:17.91 Antwerpen 12/10/2025					PB (50m pool): 01:21.57 SB: 01:17.91 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.27		01:17.91	
	00:37.27 00:40.64				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 17:06
Heat: 5/15 Lane : 3 Athlete: ROZIERIS LILY					Q-time: 01:15:49
PB (25m pool): 01:15.49 Nijlen 16/11/2025					PB (50m pool): 01:30.87 SB: 01:15.49 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.42		01:15.49	
	00:36.42 00:39.07				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 17:06
Heat: 5/15 Lane : 4 Athlete: VAN ROMPAEY LORE					Q-time: 01:15:56
PB (25m pool): 01:15.56 Nijlen 16/11/2025					PB (50m pool): 01:19.37 SB: 01:15.56 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.32		01:15.56	
	00:36.32 00:39.24				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 17:06	
Heat: 5/15 Lane : 6 Athlete: GORIS ARWEN				Q-time: 01:18:08	
PB (25m pool): 01:18.08 LEUVEN 23/11/2025				PB (50m pool): 01:23.18 SB: 01:18.08 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.40		01:18.08	
	00:38.40		00:39.68		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 17:07	
Heat: 6/15 Lane : 1 Athlete: CORTHOUT MIRTE				Q-time: 01:14:22	
PB (25m pool): 01:14.22 Tremelo 25/05/2025				PB (50m pool): 01:14.82 SB: 01:14.66 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.25		01:14.22	
	00:35.25		00:38.97		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 17:07	
Heat: 6/15 Lane : 6 Athlete: VERSLEGERS ROXAN				Q-time: 01:14:53	
PB (25m pool): 01:14.26 LEUVEN 21/12/2025				PB (50m pool): 01:14.99 SB: 01:14.26 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.94		01:14.26	
	00:34.94		00:39.32		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:7, starttime: 17:09	
Heat: 7/15 Lane : 3 Athlete: JANSSENS ROMY				Q-time: 01:11:58	
PB (25m pool): 01:11.58 LEUVEN 23/11/2025				PB (50m pool): no time SB: 01:11.58 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.37		01:11.58	
	00:34.37		00:37.21		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 17:09
Heat: 7/15 Lane : 5 Athlete: NEUVILLE ALIZÉE					Q-time: 01:12:46
PB (25m pool): 01:12.46 LEUVEN 23/11/2025					PB (50m pool): 01:17.16 SB: 01:12.46 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.83		01:12.46	
	00:33.83		00:38.63		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 17:11
Heat: 8/15 Lane : 4 Athlete: NEUVILLE AXELLE					Q-time: 01:09:19
PB (25m pool): 01:09.19 Temse 17/11/2025					PB (50m pool): 01:13.76 SB: 01:09.19 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.17		01:09.19	
	00:33.17		00:36.02		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 17:13
Heat: 9/15 Lane : 1 Athlete: VAN RILLAER YINTHE					Q-time: 01:08:82
PB (25m pool): 01:08.82 LEUVEN 23/11/2025					PB (50m pool): 01:11.25 SB: 01:08.82 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.48		01:08.82	
	00:33.48		00:35.34		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 17:13
Heat: 9/15 Lane : 4 Athlete: DE BOCK MARIE					Q-time: 01:08:54
PB (25m pool): 01:08.54 Nijlen 16/11/2025					PB (50m pool): 01:11.33 SB: 01:08.54 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.18		01:08.54	
	00:33.18		00:35.36		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 17:13
Heat: 9/15 Lane : 5 Athlete: DE LAET ELINE					Q-time: 01:08:79
PB (25m pool): 01:08.79 LEUVEN 23/11/2025					PB (50m pool): 01:11.45 SB: 01:08.79 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.86		01:08.79	
	00:32.86		00:35.93		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 17:14
Heat: 10/15 Lane : 5 Athlete: VAN DE WOUWER MYRTHE					Q-time: 01:07:98
PB (25m pool): 01:07.98 Temse 17/11/2025					PB (50m pool): 01:09.92 SB: 01:07.98 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.67		01:07.98	
	00:33.67		00:34.31		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 17:14
Heat: 10/15 Lane : 6 Athlete: VANDERWEYDEN LAURE					Q-time: 01:08:41
PB (25m pool): 01:08.41 Herentals 17/05/2025					PB (50m pool): 01:08.93 SB: 01:08.45 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.85		01:08.41	
	00:33.85		00:34.56		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 17:17
Heat: 12/15 Lane : 2 Athlete: VAN ESPEN LOTTE					Q-time: 01:04:16
PB (25m pool): 01:03.11 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): 01:05.65 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.11	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 17:19
Heat: 13/15 Lane : 1 Athlete: ROMONT LIEN					Q-time: 01:03:50
PB (25m pool): 01:02.80 Herentals 27/05/2023					PB (50m pool): 01:02.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.80	
	no time				
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:1, starttime: 17:24
Heat: 1/10 Lane : 2 Athlete: GYSELS RUBEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:26
Heat: 2/10 Lane : 5 Athlete: PANKEN LEX					Q-time: 01:27:53
PB (25m pool): 01:27.53 Tremelo 25/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.07		01:27.53	
	00:41.07		00:46.46		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:5, starttime: 17:32
Heat: 5/10 Lane : 2 Athlete: PIETERS KOBE					Q-time: 01:09:37
PB (25m pool): 01:09.37 Nijlen 16/11/2025					PB (50m pool): 01:13.60 SB: 01:09.37 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.22		01:09.37	
	00:33.22		00:36.15		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 24: 100M FREESTYLE MEN 11+					Heat:6, starttime: 17:34
Heat: 6/10 Lane : 4 Athlete: SEYMUS AXEL					Q-time: 01:07:36
PB (25m pool): 01:07.36 Temse 17/11/2025					PB (50m pool): 01:10.50 SB: 01:07.36 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.26		01:07.36	
	00:32.26		00:35.10		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:8, starttime: 17:37
Heat: 8/10 Lane : 1 Athlete: GORIS FINN					Q-time: 01:01:59
PB (25m pool): 01:01.59 Antwerpen 12/10/2025					PB (50m pool): 01:05.74 SB: 01:01.59 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.00		01:01.59	
	00:30.00		00:31.59		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:8, starttime: 17:37
Heat: 8/10 Lane : 4 Athlete: ARIJS KYAN					Q-time: 01:01:00
PB (25m pool): 01:01.00 Nijlen 16/11/2025					PB (50m pool): 01:01.81 SB: 01:01.00 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.45		01:01.00	
	00:29.45		00:31.55		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:9, starttime: 17:39
Heat: 9/10 Lane : 4 Athlete: BROWN QUINTEN					Q-time: 00:57:73
PB (25m pool): 00:57.73 Nijlen 16/11/2025					PB (50m pool): 00:59.95 SB: 00:57.73 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.91		00:57.73	
	00:27.91		00:29.82		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 24: 100M FREESTYLE MEN 11+					Heat:10, starttime: 17:40				
Heat: 10/10 Lane : 1 Athlete: DE CUYPER LENS					Q-time: 00:56:06				
PB (25m pool): 00:55.46 Mol 25/07/2021					PB (50m pool): 00:57.47 SB: 00:56.06 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		no time		00:55.46					
	no time								
									

Coach feedback:

Event number: 25: 4x50M FREESTYLE MIXED 11+					Heat:1, starttime: 17:52			
Heat: 1/2 Lane : 4 Athlete: TEAM HZA 3					Q-time: 02:04:80			
PB (25m pool):					PB (50m pool):		SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 25: 4x50M FREESTYLE MIXED 11+					Heat:1, starttime: 17:52			
Heat: 1/2 Lane : 5 Athlete: TEAM HZA 1					Q-time: 99:99:99			
PB (25m pool):					PB (50m pool):		SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 25: 4x50M FREESTYLE MIXED 11+					Heat:1, starttime: 17:52			
Heat: 1/2 Lane : 6 Athlete: TEAM HZA 2					Q-time: 99:99:99			
PB (25m pool):					PB (50m pool):		SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: HZA

Event number: 25: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 1 Athlete: TEAM HZA 6							Q-time: 02:00:00	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 25: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 4 Athlete: TEAM HZA 4							Q-time: 01:50:25	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 25: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 5 Athlete: TEAM HZA 5							Q-time: 01:55:25	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: